# Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3.01 Class work

Consider the following scenarios. For each, indicate if it should be considered a psychological disorder. Explain your reasoning.

1. In December of 1999, John was convinced that massive computer malfunctions (caused by Y2K incompatibility) would produce an apocalypse. He stockpiled supplies of canned food, bottled water, gasoline, and propane, and bought a generator. He kept the gasoline and propane in tanks in his basement. While not particularly safe, this was the best place he could find to keep it.

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1. Denise ignored the reports to buy bottled water, canned food, plastic sheeting and duct tape after hearing that there was an increased threat of terrorism in the US, despite the fact that she had time and money to purchase these.

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1. Mark is in the 10th grade and has finally accepted that he has strong physical attraction to other males. He is afraid to tell his parents and friends because he fears they will be angry with him or lose respect for him. Mark is suffering from a great deal of anxiety because he has to hide his true feelings from the people whom he cares most about. He is also concerned that his lifestyle choice will prevent him from fulfilling other dreams, such as raising a family and becoming a politician.

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1. Nicholas joined the military after high school and was assigned to fight in an overseas war. Last week, his battalion was attacked by guerillas who shot and killed many American soldiers. Nicholas feels that killing is wrong, even in these circumstances, and risked his own life by refusing to fire his weapon. His choice cost some of his peers their lives.

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1. Steve is passionate in his belief that animals should not be used in research. He has devoted his life to the cause. Last week, he bombed the administrative office of a pharmaceutical company that is known to perform animal research. Four people were injured in the explosion and one died.

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1. Alison has smoked since she was 14 years old. She is now 32 and is unable to quit despite having tried several times. Her most recent attempt to quit occurred 8 months ago when she became pregnant with her first child. She only lasted 4 weeks. Now, at 8 months pregnant, she hides her cigarette smoking from her family and friends.

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1. Joanna’s father died suddenly 2 weeks ago. She was numb for about a week, but now she is overwhelmed by sadness. She has not gone back to work yet because she cannot get herself out of bed in the morning. She eats very little and feels scared that she will not be able to cope with future challenges.

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1. Marisa claims that she was a warrior princess in a past life. She believes that she can “channel” this previous personality and she makes a living by allowing her “warrior princess” self to channel advice to paying customers.

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1. Juanita wears a crystal that was given to her as a child. She believes that, with the help of the crystal, she can see the auras of other people. Two weeks ago, she lost her crystal and she has become very anxious. Without it, she claims that she cannot concentrate on her work. She is in danger of losing her job.

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1. Joachim is afraid of driving or riding in a motor vehicle. When he was 17, his brother was killed in a fatal automobile collision. He had been the driver of the car and had walked away with only a few minor injuries. Now, at age 27, he still refused to get into any motor vehicles. Fortunately, he has always been able to function normally because he lives in New York City and can easily walk to work. His family also lives in the city, in easy walking distance.

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1. Joachim (from above) is now 33 and married. His wife is pregnant and insists that Joachim get over his fear of motor vehicles. Joachim has tried to several times to get over his fear, but finds that he is overcome by paralyzing fear as soon as he sets foot into a taxi or subway train.

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